

# FRA<sup>DUO</sup>IS TREATMENT GUIDELINES

## SKIN REJUVENATION / SCANNER HANDPIECE

Depending on its setting energy, some of them have a bit longer or shorter interval so we have adjusted its interval slightly.

INDICATION	ENERGY	DISTANCE	I-STACK	INTERVAL	NOTES
LASER EXFOLIATION	0.6mj-0.9mj	1.0mm	1-2	3-6 Rx 3-4 weeks apart	Crusts 1-2 days, Redness 2-4 days. Make up next day
LASER MICRDERM	0.9-1.2mj	1.0-1.2mm	1-2	3-6 Rx 3-4 weeks apart	Crusts 1-2 days, Redness 2-4 days. Make up next day
FRAX - GLOW	0.9mj-1.2mj	0.4-0.6mm	1	3-6 Rx 3-4 weeks apart	Crusts 1-2 days, Redness 2-4 days. Make up day 2
FRAX - SHINE	1.2mj-3.0mj	0.8-1.0mm	1-2	3-6 Rx 3-4 weeks apart	Crusts 1-3 days, Redness 3-5 days. Make up from day 2
SKIN REVITALIZE	3.0-6.0mj	0.8mm	1	2-5 Rx 3-4 weeks apart	Crusts 1-3 days, Redness 3-10 days. Make up from day 2
SKIN REFRESH	6.0-7.2mj	1.0mm	1-2	2-5 Rx 3-4 weeks apart	Crusts 1-3 days, Redness 3-10 days. Make up from day 2
SKIN REJUVENATION	6.0-7.2mj	0.8-1.0mm	2	2-5 Rx 4-6 weeks apart	Crusts 2-5 days, Redness 7-14 days. Make up from day 3
LARGE PORES	9.0-10.2mj	0.9mm	1	2-5 Rx 3-4 weeks apart	Crusts 2-5 days, Redness 7-14 days. Make up from day 3
ACNE SCARS LIGHT	10.2-12mj	1.0mm	2	2-5 Rx 4-6 weeks apart	Crusts 2-5 days, Redness 7-14 days. Make up from day 3
LASER PEEL - LIGHT	10-13.2mj	0.8-1.0mm	1-2	2-5 Rx 4-6 weeks apart	Crusts 2-5 days, Redness 7-14 days. Make up from day 3
HANDS	7.8-15mj	0.8-1.0mm	1-2	2-3 Rx 5-8 weeks apart	Crusts 5-7 days, Redness 10-30 days.

MILD 1-2 DAYS DOWNTIME

MODERATE 2-5 DAYS DOWNTIME

## SKIN REJUVENATION ADVANCED / SCANNER HANDPIECE

You can add the additional indication, acne scars with the same protocol for skin resurfacing.

INDICATION	ENERGY	DISTANCE	I-STACK	INTERVAL	NOTES
ACNE SCARS DEEP	15-24mj	0.6-0.8mm	2	2-4 Rx 5-8 weeks apart	Crusts 5-7 days, Redness 10-30 days. Make up from day 7
LASER PEEL - MILD	15-33mj	0.6-0.7mm	1-2	1+ Rx 5-8 weeks apart	Crusts 3-5 days, Redness 10-30 days. Make up from day 7
LASER PEEL - MEDIUM	24-42mj	0.6-0.8mm	2	1+ Rx 5-8 weeks apart	Crusts 5-7 days, Redness 10-30 days. Make up from day 7
STRETCH MARKS	9.6-15mj	0.8-1mm	2	3-4 Rx 5-8 weeks apart	Crusts 7-14 days, Redness 10-30 days.
LASER PEEL DEEP	42-60mj	0.6-0.8mm	1-2	1+ Rx 5-8 weeks apart	Crusts 5-7 days, Redness 10-30 days. Make up from day 7.
SKIN RESURFACING	69-105mj	0.8-1.0mm	1	1+ Rx 5-8 weeks apart	Crusts 7-10 days, Redness 10-30 days. Make up from day 7.
<b>Acre Scars</b>	<b>69-105mj</b>	<b>0.8-1.0mm</b>	<b>1</b>	<b>1+ Rx 5-8 weeks apart</b>	Crusts 7-10 days, Redness 10-30 days. Make up from day 7.
LASER PEEL DEEP <b>INTENSE</b>	<b>1<sup>st</sup> Pass:</b> 15-33mj  <b>2<sup>nd</sup> Pass:</b> 69-105mj	0.6-0.7mm  0.8-1.0mm	1  1	1+ Rx 5-8 weeks apart	1st pass high density – (Close spacing between dots) and low energy on specific lesions as scars wrinkles to enhance effect  2 <sup>nd</sup> pass low density - high energy and low coverage over the entire area to enhance remodeling effect.
NECK	7.8-10.2mj	1.0mm	1	1-3 Rx 4-6 weeks apart	Crusts 5-7 days, Redness 7-14 days. Make up from day 7.
PERIORBITAL LAXITY	33-36mj	0.7-1.0mm	1	1-3 Rx 5-8 weeks apart	Must use intra ocular shields. Crusts 5-7 days, Redness 10-30 days. Make up from day 7.

INTENSE 7-14 DAYS DOWNTIME

DEEP 5-7 DAYS DOWNTIME

## SCARS BODY / SCANNER HANDPIECE

INDICATION	ENERGY	DISTANCE	I-STACK	INTERVAL	NOTES
ATROPHIC SCARS	9-15mj	0.9-1.0mm	1-2	3-4 Rx 5-8 weeks apart	Crusts 7-14 days, Redness 10-30 days. Make up from day 7
BURN SCARS TRAUMATIC SCAR	7.2-9.0mj	1.2mm	1-2	3-4 Rx 5-8 weeks apart	Crusts 7-14 days, Redness 10-30 days. Make up from day 7

## COMBINING SECRET RF AND FRAXIS CO2 – SCARS, STRETCH MARKS, ENHANCED SKIN REJUVENATION

INDICATION	ENERGY	DISTANCE	I-STACK	INTERVAL	NOTES
SCARS AND STRAIE	5-6mj	0.8-1.0mm	1	4-6 Rx 8 weeks apart	When combining 2 technologies in the same session, CO2 can be used immediately after SECRET RF treatment based on individual parameters for scars and stretch marks.

## COMBINING SECRET RF AND FRAXIS CO2 – EYE BAG FROM AGEING

INDICATION	ENERGY	DISTANCE	I-STACK	INTERVAL	NOTES
1st Pass: 10%, RF 60-70 ms, depth 1.5 mm in circle motion three passes. After that we go to more superficial with CO2 Fractional:					
EYE BAG	0.6mj	0.5mm	5-6	3-5 Rx 14 days apart	Radio Frequency micro needle make it possible to reach the musculus orbicularis oculi layer and the heat can stimulate the muscle to be strengthen. And combination with co2 fractional stimulate the collagen in the deep dermis make the result even better. Light erythema may occur but disappear in 24 hrs.

## SKIN LESIONS EPIDERMAL / SCANNER HANDPIECE

INDICATION	ENERGY	DISTANCE	I-STACK	INTERVAL	NOTES
SEB K'S, AK'S	8.4mj	0.3mm	1	1-3 treatments 5-8 weeks apart	LESIONS: Wet saline or aqueous chlorhexidine between each pass, end point disappearance of the lesion. Crusts 7-14 days, Redness 10-30 days. Make up from day 7.
PRE PDT SCALP	2.1mj	1.2mm	1	Pre PDT	Scalp – MAL Penetration.
PRE PDT FACE	5.1mj 5.1mj	1.0mm 0.8mm -1.2mm	1 1	Pre PDT Pre PDT	15x15 spot (Ideal number f dots 256) 18x18 spot (Ideal number f dots 256)
PRE TATTOO REMOVAL	2.1-10.2mj	0.8-1.0mm	1-2	Pre Q-Switch	For scarring in tattoo
INDICATION	ENERGY	DISTANCE	I-STACK	INTERVAL	NOTES
SEBORRHEIC KERATOSIS, SOLAR LENTIGINES VERRUCOUS PAPILLOMAS OF THE EYELID GENITAL WARTS RUBY ANGIOMA	0.5-2W  Pulsed mode 50 on 50 off	Defocus 1-3cm	1-3 passes	1-3 treatments 5-8 weeks apart	Wet saline or aqueous chlorhexidine between each pass, end point the disappearance of the lesion. Use topical Emla.  Crusts 7-14 days, Redness 10-30 days. Make up from day 7 for facial treatment.

DEEP 5-7 DAYS DOWNTIME

## SKIN LESIONS DERMAL / SURGICAL HANDPIECE / SCANNER

INDICATION	ENERGY	DISTANCE	I-STACK	INTERVAL	NOTES
XANTHELASMA SYRINGOMAS SEBACOUS ADENOMA	3-5W Pulsed mode 50 on 50 off	Defocused 1-3cm	1-10 passes	1-3 treatments. 5-8 weeks apart	End point destruction of the lesion for xanthelasma, visualization of muscle – local anesthesia necessary. Crusts 7-14 days, Redness 10-30 days. Make up from day 7
HIGH DENSITY RHINOPHYMA	6mj	0.1mm	2		

## WARTS & INCISIONS / SURGICAL HANDPIECE

INDICATION	ENERGY	DISTANCE	I-STACK	INTERVAL	NOTES
RESISTANT WARTS	5-10W Pulsed mode 100on 100 off	Defocused at 1-3 cm	5-10 passes	1-3 treatments. 5-8 weeks apart	End point papillary bleeding or total destruction of the lesion. Crusts 7-14 days, Redness 10-30 days. Make up from day 7
LASER INCISIONS (CYSTS, RESECTION IN PATIENTS WITH ANTIPLATELET OR ANTICOAGULANT)	5-10W Pulsed mode 50 on 50 off	Focused 0.1mm			Crusts 7-14 days, Redness 10-30 days. Make up from day 7

## VAGINAL RESURFACING / LOTUS HANDPIECE

INDICATION	ENERGY	DISTANCE	I-STACK	INTERVAL	NOTES
1 <sup>ST</sup> TREATMENT	72mj	0.8mm	1-2	1-4 Treatments 4 weeks apart	Set energy to 70mj-100mj and 2 Stack on the 1st treatment and increase 20% on 2 <sup>nd</sup> . Gently insert the sterile handpiece into the vagina until the tip hits the uterine cervix. Irradiate then rotate the handpiece clockwise or anticlockwise 1 notch (30°), fire, then repeat this 7 times so that a full circle rotation of 360° is achieved. Retract the handpiece 8mm then repeat until you have retracted to the introitus. Remove the handpiece and if treating the vulval region, change the change the lens to the external lens and treat accordingly.
SUBSEQUENT TREATMENTS	102mj	0.8mm	2		
VULVAR REJUVENATION	18-30mj	1.0mm	1		
VULVAR WHITENING	15-27mj	0.8mm	2		